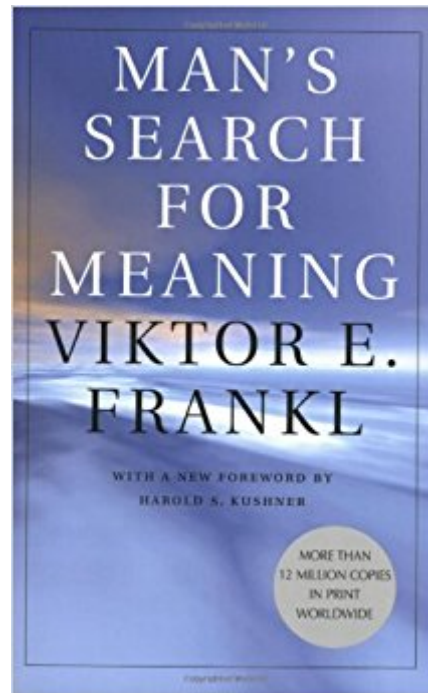




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# **Man's Search For Meaning**



## Synopsis

Psychiatrist Viktor Frankl's memoir has riveted generations of readers with its descriptions of life in Nazi death camps and its lessons for spiritual survival. Between 1942 and 1945 Frankl labored in four different camps, including Auschwitz, while his parents, brother, and pregnant wife perished. Based on his own experience and the experiences of others he treated later in his practice, Frankl argues that we cannot avoid suffering but we can choose how to cope with it, find meaning in it, and move forward with renewed purpose. Frankl's theory-known as logotherapy, from the Greek word *logos* ("meaning")-holds that our primary drive in life is not pleasure, as Freud maintained, but the discovery and pursuit of what we personally find meaningful. At the time of Frankl's death in 1997, *Man's Search for Meaning* had sold more than 10 million copies in twenty-four languages. A 1991 reader survey for the Library of Congress that asked readers to name a "book that made a difference in your life" found *Man's Search for Meaning* among the ten most influential books in America. Beacon Press, the original English-language publisher of *Man's Search for Meaning*, is issuing this new paperback edition with a new Foreword, biographical Afterword, jacket, price, and classroom materials to reach new generations of readers.

## Book Information

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## Customer Reviews

One of the great books of our time. "One of the outstanding contributions to psychological thought in the last 50 years" -Harold S. Kushner, author of *When Bad Things Happen to Good People*

fifty years." — Carl R. Rogers (1959)

Viktor E. Frankl — was professor of neurology and psychiatry at the University of Vienna Medical School until his death in 1997. His twenty-nine books have been translated into twenty-one languages. During World War II, he spent three years in Auschwitz, Dachau, and other concentration camps. Harold S. Kushner — is rabbi emeritus at Temple Israel in Natick, Massachusetts, and the author of bestselling books including — When Bad Things Happen to Good People, Living a Life That Matters, — and — When All You've Ever Wanted Isn't Enough. William J. Winslade — is a philosopher, lawyer, and psychoanalyst who teaches psychiatry, medical ethics, and medical jurisprudence at the University of Texas Medical School in Galveston.

If you're in pain, read this book. If you're scared, read this book. If you are lost, read this book. If you are happy, read this book. If you have time, read this book. If you don't have time, read this book. Read this book, read this book. "We who lived in the concentration camps can remember the men who walked through the huts comforting others, giving away their last piece of bread. They may have been few in number, but they offer sufficient proof that everything can be taken from a man but one thing: the last of the human freedoms--to choose one's attitude in any given set of circumstances, to choose one's own way."

I read this in college and ordered again to read some 40 years later. Frankl relates the severe conditions in the concentration camp. Those without any purpose seemed to perish. Those that had developed purpose and meaning to the harsh conditions got out of bed every morning to face another unbearable day. this book is a classic. anything less than 5 stars would be a reflection on me.

This is the single most influential book in my life. Puts individual suffering into perspective and provides practical help which reassures and comforts. I buy extra copies to give away to certain people who would seem to benefit from its message. The message is extraordinary considering its source (a survivor of Jewish concentration camp)

Every person should read this book. Make your children read this when they get old enough. Make your grandchildren read it. If you have not read it... you will understand why everyone needs to read

this before you even finish the first chapter. Buy it, and pass it down to your children.

I found the book has two main parts, the life and experience inside the concentration camps and the second part which I found more interesting is the idea of logotherapy. The book gives some ideas about how to look for the meaning in life. It encourages positive thinking and how you can take control over your own life...

It was difficult reading the inhuman suffering he experienced but so important what one's attitude makes in life. Attitude is vital to survive the worst circumstances. This book has been required reading in many universities and is a challenging read.

This is the pinnacle book on persistence and perseverance. Out of all the books you will read in the span of a lifetime, this will be one that you will remember. Very powerful, but it is also the hardest book you will ever read due to the subject matter and graphic event details. Quite the story of overcoming.

The book came in new Condition and in the time stated. I've already finished the book and WOW so powerful! The Author Viktor Frankl is absolutely amazing as he describes in graphic details his horrific experiences, making you feel like you were right there with him... Suffering and fighting through the physical and worse psychological pain with one goal... Getting out of the "camp" and hopefully reuniting with his wife with his mind intact. A must read!!

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